

# Monday Morning Gymnastics Club

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Dear Parent/ Guardian,

We are pleased to inform you gymnastics club is open for booking for this coming term!

## What do we offer in the club?

Weekly structured gymnastics classes with British Gymnastics Qualified coaches focusing on various disciplines in gymnastics. The children partake in a fun warmup and stretch followed by workshops and circuits for the children to gain a range of skills for example floor (cartwheels, handstands etc.), vault, beam, balance, strength and coordination.

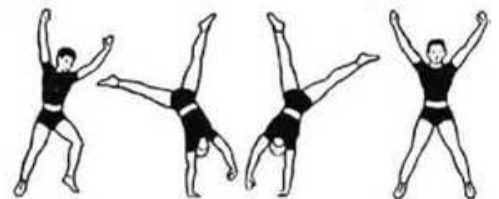
- The club is open to Years 1-6 and all abilities welcome.
- There is a limited number of spaces available filled by a first come first served basis.
- PE kits/ leotards/ sports clothes from home can be worn. Children will be bare foot. Long hair tied back and ALL jewelry removed.
- Your child will be greeted by one of the coaches stood at the school main gate. It is essential that you are on time for the class as the coach will only wait by the gate until 07.50am.
- Unfortunately, once you have paid and secured the space in Gymnastics Club refunds cannot be given.

## Term Dates:(10-week Term)

**January: 10th, 17th, 24th, 31st**

**February: 7th, 28th**

**March: 7th, 14th, 21st, 28th**



**Class Times:** 07.45am-08.40am

**Term Fee:** The cost of the 10-week term Autumn term is £58.00

**How to book:** To reserve your child's space in gymnastics club please email us at [inspiregymnasticschools@gmail.com](mailto:inspiregymnasticschools@gmail.com) to receive your enrollment form.

Yours Sincerely,

Jessica Prendergast

Inspire Gymnastics

[inspiregymnasticschools@gmail.com](mailto:inspiregymnasticschools@gmail.com)

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